

**Booking Form: Loreto Centre**  
**Spring 2025**

Name .....

Address .....

.....

Telephone .....

**Email** .....

**Please put a tick beside your chosen course**

I would like to enrol for the following  
Course/courses:

Tai-Chi for Health and Relaxation

Busy Hands Peaceful Minds

New Year, New Me

Mindfulness/Meditation

Yoga

I give permission for Loreto Centre admin to pass on my data to  
the course tutor. \_\_\_\_\_

I give my consent for my photo and feedback to be used for  
online advertising and fundraising. \_\_\_\_\_

**A non-refundable deposit of €10 is  
required with each booking to secure your place by 12th  
January 2025**